



### Capture the flag game

- Split the family into two teams of equal sizes.
- Find an outdoor space - amongst trees is better.
- Mark out 'Home Bases' for each team (a couple of metres around a tree). Make them a distance away from each other. This is the territory of each team and each team will need a 'flag' positioned in each base (this can be a tee-shirt or glove on a stick).
- The objective is to steal the flag of another group without being touched by any opposing players.
- To capture a flag, a player must try and enter the opponents' territory, dodge the opposition through ducking, diving and nifty footwork to claim the flag and bring it back to their territory without being tagged.
- If a player is tagged, they must stay in the place where they were caught until a teammate frees them by touching them.
- **The winning group is the team who gets the flag first**, regardless of the number of team members who have been caught.

Scan the QR code



### Hide and Seek



**A timeless favourite in woodland.**

**BUT don't go too far or you might get lost!**

**There are lots of beautiful woodland spots dotted around Shepley Wood, Jet Amber Fields and the Upper Haughton and Whittles Meadows.**

**To play these games, find a suitable clearing close to the trees.**



### Make a Mini-Den

This activity is a lovely way for very small children to have a go at den building. Simply collect a handful of small sticks and prop them up against a tree trunk or fallen branch to make a mini-den. Make the inside of your shelter nice and cosy with some fallen leaves. Now it's ready for your favourite teddy or dolls.

**Remember NOT to break any branches off trees. Only use what you find on the ground... and dismantle your creations carefully, and tidy-up before you leave.**